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Version in use between 2011-08-24 and 2012-11-02

#### Person

	First of all, do you agree to the recording of the interview? This is important for the quality control.					
x0_opint	Int: Please insert your short name (e.g. Stefan Mair -> MaS)	x0_opint				
x0_sex	(Sex)	x0_sex	☐1 Male ☐2 Female			
x0_birthd	When were you born? (DD.MM.YYYY)	x0_birthd	.      .    YYYY			
x0pe02	How many brothers and sisters have you or have you had (including possible deceased siblings, except yourself)?	x0pe02		if x0pe02= 0 <b>x0pe05</b>		
	What is your birth order among the siblings of the same mother?	x0pe03				
x0pe04	Are you a twin or part of a multiple birth?	x0pe04	□1 Yes □2 No			
x0pe05	Where did your family live when you were born?	x0pe05a x0pe05b x0pe05c	Place Province Country			
x0pe06	What is your marital status?	x0pe06	<ul> <li>☐ 1 Married</li> <li>☐ 2 Separated</li> <li>☐ 3 Divorced</li> <li>☐ 4 Widowed</li> <li>☐ 5 Single/never married</li> <li>☐ 6 Prefer not to answer</li> </ul>			
x0pe07	How many persons live constantly in your household, you (including yourself)?	x0pe11a				

x0pe08	What is your highest school education	x0pe08	□1 □2 □3 □4 □5 □6	No formal education or degree  Primary school  Secondary school  Professional school (istituto professionale)  Upper secondary school (liceo/istituto tecnico)  College / University	
x0pe09	In total, how many years did you attend school (starting from the first year of primary school)?	x0pe09		_	if x0pe08 > 1 & x0pe09 > 5 <b>end</b>
x0pe10	Are you able to read a newspaper or to write a letter?	x0pe10	_1	Yes	

## Occupation

	The next questions are about your occupation and your familial environment.						
x0oc00	Are you employed at the moment?	x0oc00	☐1 Yes, all-day ☐2 Yes, regularly part-time				
			☐3 Yes, less than p-t or irregularly ☐4 No	x0oc01			
	Which is the address of your current workplace?		Street and house number:  Postcode:  Municipality / village:  Province:  Country:	x0oc13			
x0oc01	Have you been employed or self-employed before?	x0oc01	□1 Yes □2 No	if age =< 75 <b>x0oc10</b> if age > 75 <b>x0oc13</b>			
x0oc01a	Until when have you been regularly employed?	x0oc01a	Year	if age > 75 <b>x0oc13</b>			
x0oc10	Are you at the moment?		□1 Unemployed				
		x0oc10	☐5 In education or retraining	if x0oc01= 1 <b>x0oc13</b> if x0oc01= 2 <b>x0rh01</b>			
x0oc11	Since when are you unemployed without interruption?	x0oc11a, x0oc11b	_ . . _ _ _  MM YYYY				
x0oc12	During the last two years, have you received unemployment benefits?	x0oc12	□1 Yes □2 No				

x0oc13	Do you receive or did you received in the past a pension for reduced working capacity?	x0oc13		x0oc02a if x0oc01 = 2 x0rh01a
x0oc13	When have you received this pension?  Or until now	x0oc13a x0oc13b x0oc13c	From (year)        To (year)   _         1 Until now	if x0oc01= 2 <b>x0rh01a</b>
x0oc02	Which profession / occupation have you carried out for a least 1 year?	x0oc02a	□1 Farmer   □2 Office employee   □3 Electrician   □4 Building industry   □5 Hotel/restaurant industry   □6 Waiter/barista/chef   □7 Nurse/doctor   □8 Teacher   □9 Mechanic   □10 Carpenter	
		x0oc02b	Other	
		x0oc02c x0oc02d	From (year)	
	Have you carried out another profession / occupation for a least 1 year?	x0oc03	□1 Yes □2 No	x0oc08
x0oc03	Which?	x0oc03a x0oc03b	□1 □2 □3 □4 □5 □6 □7 □8 □9 □10 (as above)  Other	
		x0oc03c x0oc03d	From (year)        To (year)   _	
	Have you carried out another profession / occupation for a least 1 year?	x0oc04	□1 Yes □2 No	x0oc08

х0ос04	Which?	x0oc04a		□1 □2 □3 □4 □5 □6 □7 □8 □9 □10 (as above)				
		x0oc04b	Other					
		x0oc04c	From (year)					
		x0oc04d	To (year)					
	Have you carried out another profession / occupation for a least 1 year?	x0oc05	□1 Yes	□2 No	x0oc08			
х0ос05	Which?	x0oc05a	□1 □2 □3 □4 □5 (as abo	6				
		x0oc05b	Other					
		x0oc05c	From (year)	_				
		x0oc05d	To (year)					
	Have you carried out another profession / occupation for a least 1 year?	x0oc06	□1 Yes	□2 No	x0oc08			
х0ос06	Which?	x0oc06a	□1 □2 □3 □4 □5 (as abo	□6 □7 □8 □9 □10 ve)				
		x0oc06b	Other					
		x0oc06c	From (year)					
		x0oc06d	To (year)	_				
	Have you carried out another profession / occupation for a least 1 year?	x0oc07	□1 Yes	□2 No	x0oc08			
х0ос07	Which?	x0oc07a	□1 □2 □3 □4 □5 (as abo	□6 □7 □8 □9 □10 ve)				
		x0oc07b	Other					
		х0ос07с	From (year)					
		x0oc07d	To (year)					

х0ос08	How would you rate your profession or regular occupation?	x0oc08	□1 □2 □3 □4	Medium Light phy	hysical activitheavy physical activity ical activity	cal activi	ty		
	Until now, where have you lived (x0rh01a / x0rh02a / x0rh03a / x0x0rh10a)  From (year) (x0rh01b / x0rh02b / x0rh03b / x0x0rh10b)  To (year) (x0rh01c / x0rh02c / x0rh03c / x0x0rh01c / x0rh02c / x0rh03c / x0x0rh02c / x0rh03c / x0x0rh02c / x0rh03c / x0x0rh02c / x0rh03c / x0x0rh02c / x0rh03c / x0x0rh03c / x0x	Orh04a / x0rh Orh04b / x0rh Orh04c / x0rh ce for at leas	05a / x n05b / x 05c / x et 1 yea	:0rh06a / :0rh06b / :0rh06c / x r?	x0rh07b / x0i x0rh07c / x0rh	rh08b / x n08c / x0	(OrhO9b	/	
x0rh01 x0rh02 x0rh03 x0rh04 x0rh05 x0rh06 x0rh07 x0rh08 x0rh09 x0rh10	Place	Fron	n (year	-     _     _     _     _	o (year)	Yes  1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	No		end

## Birth<sup>1</sup>

	The next questions are about you	ur birth and c	development.			
x0bi01a	What was your birth weight?	x0bi01a	x0bi01a			
			☐3 I do not know	x0bi03		
		x0bi01	In grams			
x0bi03	Are you born preterm or postterm?		1 Preterm birth			
		x0bi03	□2 Normal	x0bi04		
			☐3 Postterm birth			
x0bi02a	For how many weeks was your mother pregnant until you were born?	x0bi02a	☐1 Exactly ☐2 Approximately			
			☐3 I do not know	x0bi04		
		x0bi02	In weeks			
x0bi04	How were you born?		☐1 Normal vaginal birth			
		x0bi04	<ul> <li>☐2 Vaginal birth with the aid of delivery forceps or vacuum</li> <li>☐3 Caesarean section</li> <li>☐4 I do not know</li> </ul>			

x0bi05	For how long were you breastfed as a baby?	x0bi05	1	0 to 2 we 2 to 4 we 1 to 3 mg 3 to 6 mg More that	eastfed, beeks eeks onths onths in 6 mont	out I do not ki	now for how	
x0bi06	Were you born with one or more congenital malformations?	x0bi06	_1	Yes	□2 N	o 🗀 3	I don't know	end
	Please specify:	x0bi06a						

<sup>&</sup>lt;sup>1</sup> LifeLines - Questions about birth and development <a href="http://www.p3gobservatory.org/questionnaireblock/viewAllBlocks.htm?questionnaireld=48">http://www.p3gobservatory.org/questionnaireblock/viewAllBlocks.htm?questionnaireld=48</a>

J:\5-5 New Research Initiatives\5-50 Vinschgau-Study\5-50-5 Study Phenotypes\SIMILAR STUDIES\LifeLines

# Physical Activity (IPAQ-short)<sup>1</sup>

	The next questions are about you	ır health stat	tus.	
р1	refer to activities that take hard p	hysical effort	did in the last 7 days. Vigorous physical activities and make you breathe much harder than normal. you did for at least 10 minutes at a time.	
x0ip01	During the last 7 days, on how many days did you do vigorous physical activities like heavy lifting, digging, aerobics, or fast bicycling?	x0ip01	days	if x0ip01 = 0 <b>p2</b>
x0ip01a	How much time did you usually spend doing vigorous physical activities on one of those days?	x0ip01a x0ip01b x0ip01c	_ hours per day   _ minutes per day 3 I don't know2 {No}	
p2	activities that take moderate phys	sical effort ar	u did in the last 7 days. Moderate activities refer to nd make you breathe somewhat harder than normal. you did for at least 10 minutes at a time.	
x0ip02	During the last 7 days, on how many days did you do moderate physical activities like carrying light loads, bicycling at a regular pace, or doubles tennis?  Do not include walking.	x0ip02	days	if x0ip02= 0 <b>p3</b>
x0ip02a	How much time did you usually spend doing moderate physical activities on one of those days?	x0ip02a x0ip02b x0ip02c	_ hours per day   _ minutes per day  □3 I don't know □2 {No}	
р3			last 7 days. This includes at work and at home, other walking that you might do solely for recreation,	
x0ip03	During the last 7 days, on how many days did you walk for at least 10 minutes at a time?	x0ip03	days	if x0ip03= 0 <b>p4</b>
x0ip03a	How much time did you usually spend walking on one of those days?	x0ip03a x0ip03b x0ip03c	_ hours per day    minutes per day  3 I don't know	
p4	time spent at work, at home, whil	e doing cour	sitting on weekdays during the last 7 days. Include see work and during leisure time. This may include eading, or sitting or lying down to watch television.	

x0ip04a	During the last 7 days, how much time did you spend sitting	x0ip04a	hours per day	
	on a week day?	x0ip04b	minutes per day	
		x0ip04c	□3 I don't know □2 {No}	

<sup>&</sup>lt;sup>1</sup> International Physical Activity Questionnaire <a href="https://sites.google.com/site/theipaq/home">https://sites.google.com/site/theipaq/home</a>

J:\5-5 New Research Initiatives\5-50 Vinschgau-Study\5-50-6 Questionnaires and Scales\Interview\IPAQ

#### **Nutrition**

	How often do you eat the followin	g foods?					
		Almost Daily	Several times a week	About once a week	Several times a month	Once a month or less frequent	Never
x0fd01	Meat (without sausages)	1	2	З	4	5	<u></u> 6
x0fd02	Sausages, ham	1	2	З	4	5	<u></u> 6
x0fd03	Poultry	1	2	3	4	5	6
x0fd04	Fish	1	2	3	4	5	6
x0fd05	Potatoes	1	2	3	4	5	6
x0fd06	Pasta	1	2	3	4	5	<u></u> 6
	How often do you eat the followin	g foods?					
		Almost Daily	Several times a week	About once a week	Several times a month	Once a month or less frequent	Never
x0fd07	Rice	1	2	3	4	5	6
x0fd08	Salad or vegetable, raw	1	2	3	4	5	<u></u> 6
x0fd09	Vegetable, cooked	1	2	З	4	5	<u>6</u>
x0fd10	Fresh fruit	1	2	З	<u></u> 4	5	6
x0fd11	Chocolate, chocolates	1	2	З	<u></u> 4	5	<u></u> 6
x0fd12	Cakes, pastries, biscuits	1	2	З	<u></u> 4	5	6
	How often do you eat the followin	g foods?					
		Almost Daily	Several times a week	About once a week	Several times a month	Once a month or less frequent	Never
x0fd13	Other sweets (candies, among other things)	1	2	3	4	5	<u></u> 6
x0fd14	Salted snacks such as salted peanuts, crisps, and others	<b>□</b> 1		Пз	<b>□</b> 4	<b>□</b> 5	☐ <sub>6</sub>
x0fd15	White bread, brown bread, toast bread						
x0fd16	Whole grain bread, black bread, crisp bread			3	<u> </u>	5	
x0fd17	Flaked oats, muesli, cornflakes	1		3	4	5	
x0fd18	Curd, yoghurt, sour milk	1		3	4	5	<u></u> 6
	How often do you eat the followin	g foods?					
	1						

		Almost Daily	Several times a week	About once a week	Several times a month	Once a month or less frequent	Never
x0fd19	Low-fat milk products up to 1.5% (yoghurt, milk, curd, and others)	fat content	2	З	<u></u> 4	5	<u></u> 6
x0fd20	Cheese	1	2	3	4	5	<u> </u>
x0fd21	Eggs	1	2	3	4	5	<u> </u>
x0fd22	Milk including buttermilk	1	2	3	4	5	<u> </u>
x0fd23	Margarine (as a spread)	1	2	3	4	5	6
x0fd24	Margarine, half-fat ("light")	1	2	3	4	5	<u></u> 6
	How often do you eat the followin	wing foods?					
		Almost Daily	Several times a week	About once a week	Several times a month	Once a month or less frequent	Never
x0fd25	Butter (as a spread)	1	2	3	4	5	6
x0fd26	Butter, half-fat ("light")	1	2	3	4	5	6
x0fd27	Diet lemonade, other diet beverag		2	3	4	5	6
x0fd28	Fruit juices, other soft drinks (lem cola-beverages, and others)	onades,	2	3	4	5	<u> </u>
x0fd29	Mineral water	1	2	3	4	5	6
x0fd30	Do you follow a diet or do you have special eating habits?	x0fd30	□1 Yes		□2 No		
x0fd31	Have you ever drunk espresso/ mocha coffee one or more times per month for at least 6 months in your lifetime? (except decaffeinated)	x0fd31	□1 Yes	□2 No	□3 1	don't know	x0fd32
	When did you start drinking regularly espresso/ mocha coffee? (age)	x0fd31a	Age			<u>  _</u>	
	Or: as child (<12), as teenager (13-18) or as adult (>19)?		☐1 Child	l			
		x0fd31b	☐2 Teen	ager			
			□3 Adult	t			
	Do you drink regularly espresso/ mocha coffee at the moment? (at least once a month)	x0fd31c	□2 No		□1 Yes		x0fd31f
	When did you stop drinking regularly espresso/ mocha coffee? (age) Or: In total, how many years have you been drinking espresso/ mocha coffee?	x0fd31d, x0fd31e	L	_   Age or	_  how many ye	ars	

x0fd31f	How many cups of espresso/ mocha coffee do you normally drink or have you drunk during a day?	x0fd31f							
x0fd32	Have you ever drunk black tea one or more times per month for at least 6 months in your lifetime?	x0fd32	1	Yes	<u></u> 2 N	No	□3	I don't know	x0fd33
	When did you start drinking regularly black tea? (age)	x0fd32a	Age						
	Or: as child (<12), as teenager (13-18) or as adult (>19)?		<b>□</b> 1	Child					
		x0fd32b	<u>□</u> 2	Teenag	er				
			□3	Adult					
	Do you drink regularly black tea at the moment? (at least once a month)	x0fd32c	<u>2</u>	No			□1 Yes		x0fd32f
	When did you stop drinking regularly black tea? (age)	x0fd32d, x0fd32e							
	Or: In total, how many years have you been drinking black tea?	X014020	Age or how many years						
x0fd32f	How many cups of black tea do you normally drink or have you drunk during a day?	x0fd32f						_	
x0fd33	Have you ever drunk filter coffee one or more times per month for at least 6 months in your lifetime? (except decaffeinated)		<u></u> 1	Yes	<u></u> 2 №	No	□3	I don't know	x0fd34
	When did you start drinking regularly filter coffee? (age)	x0fd33a	Age					_	
	Or: as child (<12), as teenager (13-18) or as adult (>19)?		<b>□</b> 1	Child					
		x0fd33b	□2	Teenag	er				
			□3	Adult					
	Do you drink regularly filter coffee at the moment? (at least once a month)	x0fd33c	<u>2</u>	No			□1 Yes		x0fd33f
	When did you stop drinking regularly filter coffee? (age) Or: In total, how many years have you been drinking filter coffee?	x0fd33d, x0fd33e		<u> </u> Ag	 e	or h	_  ow many y	ears	

x0fd33f	How many cups of filter coffee (125 ml) do you normally drink or have you drunk during a day?	x0fd33f	<u>  </u>	
x0fd34	Have you ever drunk coke one or more times per month for at least 6 months in your lifetime? (except decaffeinated)	x0fd34	□1 Yes □2 No □3 I don't know	end
	When did you start drinking regularly coke? (age)	x0fd34a	Age	
	Or: as child (<12), as teenager (13-18) or as adult (>19)?		□1 Child	
		x0fd34b	☐2 Teenager ☐3 Adult	
	Do you drink regularly coke at the moment? (at least once a month)	x0fd34c	□2 No □1 Yes	x0fd34f
	When did you stop drinking regularly coke? (age) Or: In total, how many years have you been drinking coke?	x0fd34d, x0fd34e	Age or how many years	
x0fd34f	How many cans of coke (33 cl) do you normally drink or have you drunk during a day?	x0fd34f	<u>  _ </u>	

#### Alcohol

x0al00	Have you ever drunk alcoholic drinks?		□1	Yes	□2 No	end
x0al01	During the last 12 months, on average how often have you drunk alcoholic drinks, e.g. a glass of wine, beer, cocktail, schnapps or liqueur?	x0al01	□1 □2 □3 □4 □5 □6 □7	Never At special occasio Once a month or le 2-4 times per mon 2-3 times per weel 4 or more times per Daily	ess	if male x0al02a if female x0al02b
x0al02a	During the last 12 months, how often have you drunk 5 or more alcoholic drinks at a single occasion?	x0al02a	□1 □2 □3 □4 □5 □6 □7 □9 □10	Never in the last 1 1-2 times in the last 3-5 times in the last 6-11 times in the last approximately once 2-3 times per mon 1-2 times per weel 3-4 times per weel Daily or almost date	st 12 months st 12 months ast 12 months e a month th	x0al03a
x0al02b	During the last 12 months, how often have you drunk 4 or more alcoholic drinks at a single occasion?	x0al02b	□1 □2 □3 □4 □5 □6 □7 □9 □10	Never in the last 1 1-2 times in the last 3-5 times in the last 6-11 times in the last approximately once 2-3 times per mone 1-2 times per week 3-4 times per week Daily or almost date	st 12 months st 12 months ast 12 months e a month th	

x0al03a	During the last 12 months, how many of the following beverages have you usually	x0al03a	Alcohol-free beer (number of	glasses a	a 0.2 l)		
	drunk on a weekend (Friday, Saturday, Sunday)?	x0al03b	Beer (number of glasses a 0.2	2 I)	_		
	, , , , , , , , , , , , , , , , , , ,	x0al03c	Wine or champagne (number a 0.125 l)	of glasse	es   _		
		x0al03d	Red wine (number of glasses	a 0.125	)		
		x0al03e	Liquor (number of glasses a 0	_			
		x0al03f	Cocktails (with alcohol)? (num of glasses a 0,3 l)	nber	_		
x0al04a	During the last 12 months, how many of the following beverages have you usually		Alcohol-free beer (number of	glasses a	a 0.2 l)		
	drunk on working days (from Monday until Thursday)?	x0al04b	Beer (number of glasses a 0.2	2 I)			
		x0al04c	Wine or champagne (number a 0.125 l)	of glasse	es   _	x0al08a	
		x0al04d	Red wine (number of glasses	a 0.125	)		
		x0al04e	Liquor (number of glasses a 0	).02 l)	_		
		x0al04f	Cocktails (with alcohol)? (num of glasses a 0,3 l)	_			
x0al05a	Why have you not drunk/ drunk few alcoholic drinks			Yes	No		
	during the last 12 months?	x0al05a	Presence of a disease	□1	<b>□</b> 0		
		x0al05b	Other health reasons / for protection of the own health	<b>□</b> 1	<u></u> 0		
		x0al05c	Recommendation of a physici	an ∐1	<u></u> 0	x0al08a	
		x0al05d	Financial reasons	<u></u> 1	<b>□</b> 0		
		x0al05e	Religious reasons	<u></u> 1	□0		
		x0al05f	I am a recovered alcoholic	<u></u> 1	<u></u> 0		
		x0al05g	Other reasons	<b>□</b> 1	<b>□</b> 0		
		x0al05h	I don't know	<u></u> 1	<u></u> 0	x0al08a	
x0al06a	When did you start drinking regularly alcohol?	x0al06a, x0al06b	   Year	 or age at	 that time		

x0al07a	When did you stop drinking regularly alcohol?	x0al07a, x0al07b	_ _        Year or age at that time
x0al08a	Have you ever felt you ought to cut down on your drinking?	x0al08a	□1 Yes □2 No
x0al08b	Have people annoyed you by criticizing your drinking?	x0al08b	□1 Yes □2 No
x0al08c	Have you ever felt bad or guilty about your drinking?	x0al08c	□1 Yes □2 No
x0al08d	Have you ever had a drink first thing in the morning to steady your nerves or get rid of a hangover (Eyeopener)?	x0al08d	□1 Yes □2 No

<sup>&</sup>lt;sup>1</sup> Ewing JA. Detecting alcoholism. The CAGE questionnaire. JAMA. 1984 Oct 12;252(14):1905-7.

#### **Smoking**

x0sm00	Do you currently smoke cigarettes?	x0sm00	□1 Yes □2 No	x0sm05
x0sm01a	In which year did you start smoking cigarettes or how old were you at that time?	x0sm01a, x0sm01b	 Year or age at that time	
x0sm02	Do you smoke regularly or occasionally? Occasionally means less than one cigarette per day.	x0sm02	☐1 Regularly ☐2 Occasionally	x0sm04
x0sm03	How many cigarettes do you smoke on average per day?	x0sm03		
x0sm04	During the last 12 months, did you try to stop smoking?	x0sm04	□1 Yes □2 No	x0sm10
x0sm05	Have you ever smoked cigarettes? Cigars, pipes etc. are not intended.	x0sm05	☐1 Yes, regularly ☐2 Yes, occasionally	
			□4 No	x0sm10
x0sm06a	Began when? (Year)	x0sm06a, x0sm06b	 Year or age at that time	
x0sm07	When did you stop smoking cigarettes?	x0sm07 x0sm07a, x0sm07b	<ul> <li>☐1 Less than one month ago</li> <li>☐2 1-3 months ago</li> <li>☐3 4-6 months ago</li> <li>☐4 7-12 months ago</li> <li>☐5 More than one year ago</li> <li>☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐</li></ul>	
x0sm08	How many cigarettes per day did you smoke then on average?	x0sm08		
x0sm10	Have you ever smoked pipe (more than 20 times)?	x0sm10	□1 Yes □2 No □3 I don't know	x0sm14
	Began when? (Year)	x0sm11a, x0sm11b	 Year or age at that time	

x0sm12a	To (year) Or until now	x0sm12a, x0sm12b x0sm12c	 Year or age at that time □1 Until now □2 {No}	
x0sm13a	How many pipes do you or did you smoke on average	x0sm13a x0sm13b	per day?    per month?	
x0sm14	Have you ever smoked cigars (more than 20 times)?	x0sm14	□1 Yes □2 No □3 I don't know	x0sm18
	Began when? (Year)	x0sm15a, x0sm15b	 Year or age at that time	
x0sm16a	Do you currently smoke cigars or until when did you smoke cigars?	x0sm16a, x0sm16b	 Year or age at that time	
	To (year) Or until now	x0sm16c	□1 Until now □2 {No}	
x0sm17a	How many cigars do you or did you smoke on average	x0sm17a x0sm17b	per day? per month?	
x0sm18	In total, have you chewed tobacco more than 20 times in your lifetime?	x0sm18	□1 Yes □2 No □3 I don't know	x0sm22
	Began when? (Year)	x0sm19a, x0sm19b	 Year or age at that time	
x0sm20a	Do you currently chew tobacco or until when did you chew tobacco?  To (year)	x0sm20a, x0sm20b	Year or age at that time	
	Or until now	x0sm20c	☐1 Until now ☐2 {No}	
x0sm21a	How many times do you or did you chew tobacco on average?	x0sm21a	per day?	
		x0sm21b	per month?	
x0sm22	In total, have you taken snuff tobacco more than 20 times in your lifetime?	x0sm22	□1 Yes □2 No □3 I don't know	x0sm26
	Began when? (Year)	x0sm23a, x0sm23b	 Year or age at that time	

x0sm24a	Do you currently take snuff tobacco or until when did you taken snuff tobacco?	x0sm24a, x0sm24b	  Year	0	_  r age at that time	
	To (year) Or until now	x0sm24c	☐1 Until now ☐2	{No	}	
x0sm25a	How many times do you or did you snuff tobacco on average?	x0sm25a x0sm25b	per day?			
x0sm26	Do people in your home smoke in your presence?	x0sm26	□1 Yes	<u>2</u>	No	x0sm29
x0sm26a	In what period of time?	x0sm26a x0sm26b	From (year) To (year)			
	In another period of time?	x0sm27	□1 Yes	<u>2</u>	No	x0sm29
x0sm27a	In what period of time?	x0sm27a x0sm27b	From (year) To (year)			
	In another period of time?	x0sm28	☐1 Yes	<u>2</u>	No	x0sm29
x0sm28a	In what period of time?	x0sm28a x0sm28b	From (year) To (year)			
x0sm29	At work, do you have to stay in rooms where other people smoke?	x0sm29	□1 Yes	<u>2</u>	No	end
x0sm29a	In what period of time?	x0sm29a x0sm29b	From (year) To (year)			
	In another period of time?	x0sm30	□1 Yes	<u>2</u>	No	end
x0sm30a	In what period of time?	x0sm30a x0sm30b	From (year) To (year)			
	In another period of time?	x0sm31	☐1 Yes	<u>2</u>	No	end
x0sm31a	In what period of time?	x0sm31a x0sm31b	From (year) To (year)			

#### **Vaccination**

Have you been inoculated agains	st the followir	ng dise	eases in	the last	10 years?	)				
Tetanus	x0va01	_1	Yes	<u>2</u>	No	3	I don't know			
Diphtheria	x0va02	_1	Yes	<u>2</u>	No	□3	I don't know			
Polio (poliomyelitis)	x0va03	_1	Yes	<u>2</u>	No	□3	I don't know			
Encephalitis after tick bite	x0va04	_1	Yes	<u>2</u>	No	□3	I don't know			
Virus influenza	x0va05	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know			
Swine influenza	x0va06	_1	Yes	<u>2</u>	No	□3	I don't know			
Have you been inoculated against the following diseases in the last 10 years?										
Typhoid	x0va07	_1	Yes	<u>2</u>	No	□3	I don't know			
German measles	x0va08	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know			
Measles	x0va09	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know			
Mumps	x0va10	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know			
Tuberculosis	x0va11	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know			
Hepatitis B	x0va12	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know			
In the last 10 years, have you been inoculated against another disease we did not mention yet?	x0va13	_1	Yes	<u>2</u>	No	□3	I don't know	end		
Please specify which	x0va13a									

#### **Chronic diseases**

x0cd01	Has a doctor ever told you that you have a liver disease?	x0cd01	<u></u> 1	Yes	□2 No	□3	I don't know	x0cd02
	In which year was it diagnosed for the first time?	x0cd01a, x0cd01b		_	_    _Year	or age a	_   at that time	
	Have you had a liver disease within the last 12 months?	x0cd01c	_1	Yes	□2 No	□3	I don't know	x0cd02
	Were you treated for this disease within the last 12 months?	x0cd01d	<u></u> 1	Yes	□2 No	□3	I don't know	
x0cd02	Has a doctor ever told you that you have gastritis?	x0cd02	_1	Yes	□2 No	□3	I don't know	x0cd03
	In which year was it diagnosed for the first time?	x0cd02a, x0cd02b		_	 Year	 or age a	_   at that time	
	Have you had gastritis within the last 12 months?	x0cd02c	_1	Yes	□2 No	□3	I don't know	x0cd03
	Were you treated for this disease within the last 12 months?	x0cd02d	<u></u> 1	Yes	□2 No	□3	I don't know	
x0cd03	Has a doctor ever told you that you have a peptic or a duodenal ulcer?	x0cd03	<u></u> 1	Yes	□2 No	□3	I don't know	x0cd04
	In which year was it diagnosed for the first time?	x0cd03a, x0cd03b		_	  Year	 or age a	_   at that time	
	Have you had a peptic ulcer or a duodenal ulcer within the last 12 months?	x0cd03c	<u></u> 1	Yes	□2 No	□3	I don't know	x0cd04
	Were you treated for this disease within the last 12 months?	x0cd03d	<u></u> 1	Yes	□2 No	□3	I don't know	
x0cd04	Has a doctor ever told you that you have an inflammatory bowel disease (Crohn's disease, ulcerative colitis)?	x0cd04	<u></u> 1	Yes	□2 No	□3	I don't know	x0cd05
	In which year was it diagnosed for the first time?	x0cd04a, x0cd04b			_    Year	or age a	_   at that time	
	Have you had an inflammatory bowel disease within the last 12 months?	x0cd04c	<b>□</b> 1	Yes	□2 No	□3	I don't know	x0cd05

	Were you treated for this disease within the last 12 months?	x0cd04d	<u></u> 1	Yes	□2 No	☐3 I don't know	
x0cd05	Has a doctor ever told you that you have a gall bladder inflammation or gallstones?	x0cd05	<u></u> 1	Yes	□2 No	☐3 I don't know	x0cd06
	In which year was it diagnosed for the first time?	x0cd05a, x0cd05b		_	 Year	_  or age at that time	
	Have you had a gall bladder inflammation or gallstones within the last 12 months?	x0cd05c	<u></u> 1	Yes	□2 No	□3 I don't know	x0cd06
	Were you treated for this disease within the last 12 months?	x0cd05d	<u></u> 1	Yes	□2 No	☐3 I don't know	
x0cd06	Has a doctor ever told you that you have gout, raised levels of uric acid?	x0cd06	<u></u> 1	Yes	□2 No	□3 I don't know	x0cd07
	In which year was it diagnosed for the first time?	x0cd06a, x0cd06b		_	 Year	_  or age at that time	
	Have you had gout, raised uric acid within the last 12 months?	x0cd06c	1	Yes	□2 No	☐3 I don't know	x0cd07
	Were you treated for this disease within the last 12 months?	x0cd06d	<u></u> 1	Yes	<u></u> 2 No	☐3 I don't know	
x0cd07	Has a doctor ever told you that you have an inflammatory joint disease (e.g. chronic polyarthritis)?	x0cd07	_1	Yes	□2 No	□3 I don't know	x0cd08
	In which year was it diagnosed for the first time?	x0cd07a, x0cd07b		_	 Year	_  or age at that time	
	Have you had an inflammatory joint disease within the last 12 months?	x0cd07c	<u></u> 1	Yes	□2 No	□3 I don't know	x0cd08
	Were you treated for this disease within the last 12 months?	x0cd07d	<u></u> 1	Yes	□2 No	☐3 I don't know	
x0cd08	Has a doctor ever told you that you have arthrosis of hip, knee, shoulder or ankle joints	x0cd08	□1	Yes	□2 No	□3 I don't know	x0cd09
	In which year was it diagnosed for the first time?	x0cd08a, x0cd08b			 Year	_  or age at that time	

	Have you had arthrosis of hip, knee, shoulder or ankle joints the last 12 months?	x0cd08c	_1	Yes	□2 No	□3 I don't know	x0cd09
	Were you treated for this disease within the last 12 months?	x0cd08d	<u></u> 1	Yes	□2 No	□3 I don't know	
x0cd09	Has a doctor ever told you that you have a degeneration of the backbone, e.g. spinal disc herniation, low back pain?	x0cd09	_1	Yes	□2 No	□3 I don't know	x0cd10
	In which year was it diagnosed for the first time?	x0cd09a, x0cd09b		_	_  _  Year	or age at that time	
	Have you had back pains, pain from intervertebral discs, as for example slipped disk (Sciatica) within the last 12 months?	x0cd09c	1	Yes	□2 No	□3 I don't know	x0cd10
	Were you treated for this disease within the last 12 months?	x0cd09d	1	Yes	<u></u> 2 No	□3 I don't know	
x0cd10	Has a doctor ever told you that you have osteoporosis i.e. decreased bone density?	x0cd10	<u></u> 1	Yes	□2 No	□3 I don't know	x0cd11
	In which year was it diagnosed for the first time?	x0cd10a, x0cd10b		_	_  _  Year	or age at that time	
	Have you had osteoporosis, i.e. decreased bone density within the last 12 months?	x0cd10c	<u></u> 1	Yes	□2 No	□3 I don't know	x0cd11
	Were you treated for this disease within the last 12 months?	x0cd10d	_1	Yes	2 No	□3 I don't know	
x0cd11	Has a doctor ever told you that you have a sight disorder (e.g. cataract, glaucoma)?	x0cd11	_1	Yes	□2 No	□3 I don't know	x0cd12
	In which year was it diagnosed for the first time?	x0cd11a, x0cd11b		_	  Year	_  or age at that time	
	Have you had a sight disorder within the last 12 months?	x0cd11c	_1	Yes	□2 No	□3 I don't know	x0cd12
	Were you treated for this disease within the last 12 months?	x0cd11d	<u></u> 1	Yes	□2 No	□3 I don't know	
x0cd12	Has a doctor ever told you that you have a hearing impairment (e.g. deafness even with the use of a hearing aid device)?	x0cd12	_1	Yes	□2 No	□3 I don't know	x0cd13

	In which year was it diagnosed for the first time?	x0cd12a, x0cd12b		_	_    Year	_  or age at that time	
	Have you had a hearing impairment within the last 12 months?	x0cd12c	<u></u> 1	Yes	□2 No	□3 I don't know	x0cd13
	Were you treated for this disease within the last 12 months?	x0cd12d	<u></u> 1	Yes	□2 No	☐3 I don't know	
x0cd13	Has a doctor ever told you that you have an anxiety or a panic disorder?	x0cd13	1	Yes	□2 No	□3 I don't know	end
	In which year was it diagnosed for the first time?	x0cd13a, x0cd13b		_	_  _  Year	or age at that time	
	Have you had an anxiety or a panic disorder within the last 12 months?	x0cd13c	_1	Yes	□2 No	□3 I don't know	end
	Were you treated for this disease within the last 12 months?	x0cd13d	_1	Yes	□2 No	☐3 I don't know	

## Pain<sup>1</sup>

x0pn00	Do you suffer from recurrent pain in general (excluding headache) for more than 6 months?	x0pn00	□1 Yes	<u></u> 2	No		end
x0pn01	Do you suffer from back pain?	x0pn01	□1 Yes	<u>2</u>	No		x0pn11
x0pn05a	Localisation of the pain (see image)				Yes	No	
		x0pn05a	lumbar		<b>□</b> 1	<u>2</u>	
		x0pn05b	thoracic		<b>□</b> 1	<u> </u>	
		x0pn05c	cervical		<u></u> 1	<u>2</u>	
x0pn06a	Does the pain radiate into the leg or into the arm?				Yes	No	
		x0pn06a	Leg		<u></u> 1	<u> </u>	
		x0pn06b	Arm		<u></u> 1	<u>2</u>	
x0pn02a	Since when is the back pain present?	x0pn02a x0pn02b	Months				
	Frequency in days/month or days/year	x0pn03a x0pn03b	_ Days/Month	n			
	Intensity	x0pn04	☐1 ☐2 ☐3 ☐4 ☐5 1 = very weak pain				
x0pn11	Do you suffer from joint pain?	x0pn11	□1 Yes	<u>2</u>	No		x0pn21
	Present since: (months) Present since: (years)	x0pn12a x0pn12b	_   Months				
	Frequency in days/month or days/year	x0pn13a x0pn13b	Days/Month	n			
x0pn14	How strong is the joint pain?	x0pn14	☐1 ☐2 ☐3 ☐4 ☐5 1 = very weak pain		□7 □8 = very sev		
	Which joints are affected?	x0pn15					

x0pn21	Do you suffer from other pain (e.g. abdominal pain, menstrual cramps, toothache)?	x0pn21	□1 Yes	□2 No	x0pn30
	Present since: (months) Present since: (years)	x0pn22a x0pn22b	Months		
	Frequency in days/month or days/year	x0pn23a x0pn23b	Days/Month	ו	
x0pn24	Intensity of the pain	x0pn24	☐1 ☐2 ☐3 ☐4 ☐5 1 = very weak pain	5	
	Description/localisation:	x0pn25			
x0pn30	Which is the main pain?	x0pn30			
x0pn31	How big is the impairment of daily life caused by the pain(s)?	x0pn31	☐1 ☐2 ☐3 ☐4 ☐5 1 = no impairment	5  6 7 8 9 10 10 = very high impairment	

<sup>&</sup>lt;sup>1</sup> Erhebungsbogen Schmerz-Vorgeschichte (strukturiertes Interview)

#### Cancer

x0ca00	Have you ever had cancer?	c039s	□1 \	⁄es	<u></u> 2	No	□3	I don't know	end
x0ca00a	How many malignant tumours (cancer) have you had?	c039sx							
x0ca01a	In which year was the first/ second/ third / fourth/ fifth cancer ascertained?  (x0ca01a/ x0ca02a/ x0ca03a/ x0ca04a/ x0ca05a)  What kind of cancer?  (x0ca01b/ x0ca02b / x0ca03b / x0ca04b / x0ca05b)  Were you hospitalised for in-patient treatment?  (x0ca01c / x0ca02c / x0ca03c / x0ca04c / x0ca05c)  In which hospital were you treated?  (x0ca01d / x0ca02d / x0ca03d / x0ca04d / x0ca05d)								
	Year Kind of cancer	No Y	-	r	п	ospital			end if x0ca00a
		—	□1 <del>□,</del>						= 1
									= 3
			□1 <u></u>						= 4

#### **Diabetes**

x0dm00	Do you have diabetes mellitus?	x0dm00	<b>□</b> 1	Yes	□2 No	□3	I don't know	end
x0dm01	In which year was it diagnosed?	x0dm01a, x0dm01b		_  Ye	_  ear	_ or age at t	 hat time	
x0dm02	Do you know which type of diabetes you have?	x0dm02	□1 □2 □3 □4 □5	Adult diab	diabetes (type 2 petes (type 2 y diabetes after pancre	2)		
x0dm03	How are you treated?		<u></u> 1	Only with	tablets			end
		x0dm03	□2 □3	Only with With insul	insulin in and table	ıts		
			□4 □5	Only diet No treatm	ent			end
x0dm04	Please, indicate the year or the age since when you are treated with insulin.	x0dm04a, x0dm04b		 Ye	_  ear	 or age at t	 hat time	

#### **Blood values**

x0bl01	Have you ever been told that you have elevated or high blood pressure?	x0bl01	_1	Yes	<u>2</u>	No	□3 I don't know	x0bl11
x0bl01a	In which year was your elevated blood pressure diagnosed for the first time? Or how old were you at that time?	x0bl01a, x0bl01b		_	 Year	_	_  or age at that time	
x0bl11	Have you had raised blood lipids (cholesterol, triglycerides) within the last 12 months?	x0bl11	_1	Yes	<u>2</u>	No	□3 I don't know	end
x0bl11a	In which year were your elevated blood lipids diagnosed for the first time or age at that time or how old were you at that time?	x0bl11a, x0bl11b		_	 Year	_	or age at that time	

## Thyroid diseases

x0th00	Were you ever diagnosed to have a thyroid disease?	x0th00	_1	Yes	<u>2</u>	No	□3	I don't know	x0th11
x0th01	Which thyroid disease were you diagnosed for?		No	Don't Know	Yes		Year	of diagnosis	
	1. Hyperthyroidism	x0th01, x0th01a	<u>2</u>	□3	□1 <b>□</b>	> Year	.		
	2. Hypothyroidism	x0th02, x0th02a	<u>□</u> 2	□3	□1 <b>□</b>	> Year	.	_ _ _	
	3. Goiter	x0th03, x0th03a	<u>2</u>	□3	□1 □	Year		_ _ _	
	4. Nodule	x0th04, x0th04a	<u>□</u> 2	□3	□1 🖵	Year		_ _ _	
	5. Graves' disease (Basedow's disease)	x0th05, x0th05a	<u>2</u>	□3	□1 ⊏	Year		_ _ _	
	6. Cancer	x0th06, x0th06a	<u>2</u>	□3	□1 □	Year		_ _ _	
	7. Other thyroid diseases	x0th09, x0th09a	<u></u> 2	□3	<b>□</b> 1 <b>□</b>	Year	.	_ _ _	
x0th11	Were you ever submitted to a radioiodine therapy?	x0th11	<b>□</b> 1	Yes	<b>□</b> 2	No	□3	I don't know	x0th12
x0th11a	In which year?	x0th11a	Year						
x0th12	Were you ever submitted to an operation to the thyroid gland?	x0th12	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	end
x0th12a	In which year?	x0th12a	Year		·			_ _ _	

## **Myocardial infarction**

x0mi00	Have you ever had any pain or discomfort in your chest?	x0mi00	<u></u> 1	Yes		<u>2</u>	No		x0mi08
x0mi01	Do you get it when you walk uphill or hurry?		_1	Yes					
		x0mi01	<u>2</u>	No					c03_053
			□3 □4	I never	hurry or v	walk uţ	ohill		
x0mi02	Do you get it when you walk at an ordinary pace on the level?	x0mi02	<b>□</b> 1	Yes	<u></u> 2 1	No	□3	I don't know	
x0mi03	What do you do, if you get it while you are walking?	x0mi03	□1 □3		or slow do				
			<u>2</u>	I carry	on walkin	g in the	e same	pace	c03_053
x0mi04	Does the pain/discomfort vanish within 10 minutes if you slow down or stop?	x0mi04	<u>2</u>	No		_1	Yes		x0mi07
x0mi05a	Will you show me, where it was?						Yes	No	
		x0mi05a	Sterr	num			<u> </u>	<u>2</u>	
		x0mi05b	Left a	arterial cl	nest		<u></u> 1	<u>2</u>	
		x0mi05c	Neck	:/jaw			<u> </u>	<u>2</u>	
		x0mi05d	Left	shoulder			<b>□</b> 1	<u>2</u>	
		x0mi05e	Othe	r			<b>□</b> 1	<b>□</b> 2	
	If it was at another site, which?	x0mi05f	-						
x0mi06	Does the pain or the discomfort radiate into the left arm?	x0mi06	_1	Yes		<u>2</u>	No		
x0mi07	Have you ever had a severe pain across the front of your chest lasting for half an hour or more?	x0mi07	<u></u> 1	Yes		<u></u> 2	No		
x0mi08	To your knowledge, do you have a coronary heart disease?	x0mi08	_1	Yes	□2 No		□3	I don't know	x0mi09
	Was it diagnosed by a doctor?	x0mi08a	_1	Yes	□2 No	)	□3	I don't know	x0mi09

		x0mi08b, x0mi08c		_	   Year	_	 or age a	_   at that time	
	Were you or are you still treated by a doctor for this?	x0mi08d	□1 □2	Yes, in	the pas	t	□3 □4	No I don't know	
x0mi09	Have you ever been told by a doctor that you had a myocardial infarction?	x0mi09	<u></u> 1	Yes	2 <b>r</b>	No	□3	I don't know	x0mi16
x0mi10	In total, how many myocardial infarction have you had?	x0mi10							
x0mi11a	Which year did the first/ second/ (x0mi11a / x0mi12a / x0mi13a Were you treated in-patient in a h (x0mi11b / x0mi12b / x0mi13b In which hospital were you treate (x0mi11c / x0mi12c / x0mi13c	a / x0mi14a / xi nospital? o / x0mi14b / xi d?	0mi15a 0mi15b	n) ))	infarctio	n occur	?		
	Year Treated in-patier	nt?			Hospita	ıl			c02_038
	No Yes     _	> >							if c035s = 1 = 2 = 3 = 4
x0mi16	No Yes     _	> >							if c035s = 1 = 2 = 3
x0mi16 x0mi17	No Yes    _   _   _   _   _   _   _   _   _	> > >	1						if c035s = 1 = 2 = 3

### **Heart failure**

x0hf01	Do you have shortness of breath during exercise e.g. when climbing stairs?	x0hf01	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know	x0hf02
	Since when? (Year)	x0hf01a, x0hf01b		_	_  _ Year	_	 or age at	 that time	
x0hf02	Do you have "water in the lung" (pulmonary edema)?	x0hf02	_1	Yes	<u>2</u>	No	□3	I don't know	x0hf03
	Since when? (Year)	x0hf02a, x0hf02b		_	_  _ Year	_	 or age at	 that time	
x0hf03	Do you have swollen legs, because of "water in the legs"?	x0hf03	1	Yes	<u>2</u>	No	□3	I don't know	x0hf04
	Since when? (Year)	x0hf03a, x0hf03b		_	_  _ Year	_	or age at	 that time	
x0hf04	Do you have myocarditis?	x0hf04	_1	Yes	_2	No	□3	I don't know	x0hf05
		x0hf04a, x0hf04b		_	_  _ Year	_	 or age at	 that time	
	Describe the disease as accurately as possible:	x0hf04c							
x0hf05	Do you have myocardial diseases? (e.g. hypertrophic cardiomyopathy)	x0hf05	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know	x0hf06
		x0hf05a, x0hf05b		_	_  _ Year	_	 or age at	 that time	
	Describe the disease as accurately as possible:	x0hf05c							
x0hf06	Do you have a heart defect, currently, in the past or childhood?	x0hf06	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know	x0hf07
	Describe the heart defect as accurately as possible:	x0hf06a							
x0hf07	Has a doctor ever performed an ECG on you (except surgical preparation or sport competitions)	x0hf07	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know	x0hf08

		x0hf07a, x0hf07b			 Year	 or age a	_   ut that time	
	Where there conspicuous findings?	x0hf07c	_1	Yes		2 No		x0hf08
	Which?	x0hf07d						
x0hf08	Has a doctor ever told you that you have a heart failure?	x0hf08	_1	Yes	2 No	) □3	I don't know	end
	In which year was it diagnosed for the first time?	x0hf08a, x0hf08b			 Year	or age a	_   ut that time	
	Have you had a heart failure within the last 12 months?	x0hf08c	_1	Yes	<u></u> 2 No	) □3	I don't know	
	Were you treated for this within the last 12 months?	x0hf08d	_1	Yes	2 No	) □3	I don't know	

# Cardiac arrhythmias

x0af01	Has a doctor ever told you that you have a valvular heart disease or another heart disease?	x0af01	□1 Yes □2 No	□3 I don't know	x0af02
	In which year was the heart disease diagnosed for the first time?	x0af01a, x0af01b	_ _   Year c	r age at that time	
	Have you had a heart disease within the last 12 months?	x0af01c	□1 Yes □2 No	□3 I don't know	
	Were you treated for a heart disease within the last 12 months?	x0af01d	□1 Yes □2 No	□3 I don't know	
x0af02	Do you have atrial fibrillation?	x0af02	□1 Yes □2 No	□3 I don't know	x0af07
	Was it diagnosed by a doctor?	x0af02a	□1 Yes □2 No	□3 I don't know	x0af03
		x0af02b, x0af02c	_ _   Year c	r age at that time	
	Were you or are you still treated by a doctor for this?	x0af02d	☐1 Yes, in the past ☐2 Yes, currently	□3 No □4 I don't know	
x0af03	Do you experience discomfort during atrial fibrillation?	x0af03	□1 Yes □2 No	□3 I don't know	x0af04
x0af03a	Which?			Yes No	
		x0af03a	Tachycardia	□1 □0	
		x0af03b	Extrasystole	□1 □0	
		x0af03c	Weakness/tiredness	<b>□</b> 1 <b>□</b> 0	
		x0af03d	Shortness of breath	<b>□</b> 1 <b>□</b> 0	
		x0af03e	Chest pain	<b>□</b> 1 <b>□</b> 0	
		x0af03f	Anxiety	<b>□</b> 1 <b>□</b> 0	
		x0af03g	Dizziness	<b>□</b> 1 <b>□</b> 0	
		x0af03h	Other	<b>□</b> 1 <b>□</b> 0	
x0af03i	Describe the other discomfort:	x0af03i			
x0af04	Is the atrial fibrillation chronic i.e. continuously, without a break?	x0af04	□1 Yes □2 No	□3 I don't know	

	1								
x0af05	How often do you have atrial fibrillation?	x0af05	□1 □2 □3 □4	Once a v Once a n Once a y	veek				
x0af06	On average, how long does an attack of atrial fibrillation last?	x0af06	□1 □2 □3 □4	Seconds Minutes Hours Days					
x0af07	Had you have extrasystole, irregular heartbeat, tachycardia or cardiac flutter?	x0af07	<u></u> 1	Yes	<u>2</u>	? No		I don't know	x0af08
		x0af07a, x0af07b		_Y	_   'ear	_	 or age at	 that time	
	Describe the type of cardiac arrhythmia	x0af07c							
x0af08	Have you undergone an electric shock therapy because of a cardiac arrhythmia?	x0af08	_1	Yes	<u></u> 2	No	□3	I don't know	
x0af09	Do you have experienced a loss of consciousness with a cardiac arrest?	x0af09	<u></u> 1	Yes	<u>□</u> 2	? No		I don't know	x0af10
	Were you under physical or psychological stress at that time?	x0af09a	<u></u> 1	Yes		<u></u> 2	No		
x0af10	Have you ever been reanimated by a doctor, an ambulance man or another person?	x0af10	_1	Yes	<u></u> 2	No	□3	I don't know	
x0af11	Are you carrier of a pacemaker or an implanted defibrillator?	x0af11	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	

#### Stroke

x0st00	Have you ever been told by a doctor that you had a stroke?	x0st00	☐1 Yes	□2 No	☐3 I don't know	end	
x0st00a	In total, how many strokes have you had?	x0st00a					
x0st01a	In which year did the first/ second/ third/ fourth/ fifth stroke occur?  (x0st01a / x0st02a / x0st03a / x0st04a / x0st05a)  Were you treated inpatient in a hospital at that time?  (x0st01b / x0st02b / x0st03b / x0st04b / x0st05b)  In which hospital were you treated?  (x0st01c / x0st02c / x0st03c / x0st04c / x0st05c)						
	Year         Treated in-patient           No         Yes                        □2         □1         □                        □2         □1         □                        □2         □1         □                        □2         □1         □                        □2         □1         □                       □2         □1         □	> > >	Н			end if x0st00a = 1 = 2 = 3 = 4	

# Kidney diseases

x0ki00	Has a doctor ever told you that you have a kidney disease?	x0ki00	_1	Yes	<u>2</u>	No	□3	I don't know	x0ki09
x0ki01	Have you ever been told that you had a glomerulonephritis?	x0ki01	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	x0ki02
	In which year was a glomerulonephritis diagnosed for the first time?	x0ki01a, x0ki01b		_  Y	_ ear	_	or age a	 t that time	
	How were you treated?		□1	No treatm	ent				
			<u>2</u>	With drug	s				
		x0ki01c	□3	With drug	s and o	diet			
		XORIOTO	□4	With dialy	sis				
			□5	A renal tra	ansplar	ntation	n was per	formed	
			□6	Other					
	Please specify the name of the disease:	x0ki01d							
x0ki02	Have you ever been told that you had a pyelonephritis?	x0ki02	□1	Yes	<u>2</u>	No	□3	I don't know	x0cd14
	In which year was a pyelonephritis diagnosed for the first time?	x0ki02a, x0ki02b			_ ear	_	or age a	t that time	
	How were you treated?		□1	No treatm	ent				
			□2	With drug	s				
		x0ki02c	□3	With drug	s and o	diet			
		XUNIUZU	□4	With dialy	sis				
			□5	A renal tra	ansplar	ntation	n was per	formed	
			<u>□</u> 6	Other					
	Please specify the name of the disease:	x0ki02d							
x0cd14	Have you ever been told that you had a vasculitis (including lupus erythematosus)	x0cd14	<u></u> 1	Yes	<u>□</u> 2	No	□3	I don't know	x0ki04
	In which year was a vasculitis diagnosed for the first time?	x0cd14a, x0cd14b		_  Y	_ ear	_	or age a	 t that time	
									_

	How were you treated?		<b>□</b> 1	No treatment	
			<u>2</u>	With drugs	
			□3	With drugs and diet	
		x0cd14c	□4	With dialysis	
			□5	A renal transplantation was performed	
			□6	Other	
	Please specify the name of the disease:	x0cd14d			
x0ki04	Have you ever been told that you had a disease of the renal arteries (including renal artery stenosis)?	x0ki04	_1	Yes	5
	In which year was a disease of the renal arteries diagnosed for the first time?	x0ki04a, x0ki04b		 Year or age at that time	
	How were you treated?	x0ki04c	□1 □2 □3 □4 □5 □6	No treatment  With drugs  With drugs and diet  With dialysis  A renal transplantation was performed  Other	
	Please specify the name of the disease:	x0ki04d			
x0ki05	Have you ever been told that you had hereditary or congenital kidney disease (including polycystic kidney disease)?	x0ki05	□1	Yes □2 No □3 I don't know <b>x0ki0</b> 0	6
	In which year was it diagnosed for the first time?	x0ki05a, x0ki05b			

	How were you treated?  Please specify the name of the disease:	x0ki05c x0ki05d	□1 □2 □3 □4 □5 □6	No treatment  With drugs  With drugs and diet  With dialysis  A renal transplantation was performed  Other	
x0ki06	Have you ever been told that you had a kidney cancer?	x0ki06	<u></u> 1	Yes 2 No 3 I don't know <b>x0ki0</b>	7
	In which year was a kidney cancer diagnosed for the first time?	x0ki06a, x0ki06b			
	How were you treated?	x0ki06c	□1 □2 □3 □4 □5 □6	No treatment  With drugs  With drugs and diet  With dialysis  A renal transplantation was performed  Other	
	Please specify the localisation of the tumour:	x0ki06d			
x0ki07	Have you ever been told that you had kidney stones?	x0ki07	<b>□</b> 1	Yes 2 No 3 I don't know <b>x0ki0</b>	8
	In which year were the kidney stones diagnosed for the first time?	x0ki07a, x0ki07b		 Year or age at that time	
	How were you treated?	x0ki07c	□1 □2 □3 □4 □5 □6	No treatment  With drugs  With drugs and diet  With dialysis  A renal transplantation was performed  Other	

x0ki08	Have you ever been told that you had another kidney disease?	x0ki08	□1 Yes □2 No □3 I don't know	x0ki09
	In which year was it diagnosed for the first time?	x0ki08a, x0ki08b	 Year or age at that time	
	How were you treated?	x0ki08c	<ul> <li>☐1 No treatment</li> <li>☐2 With drugs</li> <li>☐3 With drugs and diet</li> <li>☐4 With dialysis</li> <li>☐5 A renal transplantation was performed</li> <li>☐6 Other</li> </ul>	
	If you remember it, please specify the name of the disease:	x0ki08d		
x0ki09	Has a doctor ever told you that you have a reduced kidney function or a renal failure?	x0ki09	□1 Yes □2 No □3 I don't know	x0ki10
	In which year?	x0ki09a, x0ki09b	 Year or age at that time	
	Is the renal failure still present?	x0ki09c	□1 Yes □2 No □3 I don't know	
	How are or were you treated?	x0ki09d	☐1 No treatment ☐2 With drugs ☐3 With drugs and diet ☐4 With dialysis ☐5 A renal transplantation was performed ☐6 Other	
x0ki10	Have you ever undergone a kidney transplantation?	x0ki10	□1 Yes □2 No □3 I don't know	x0ki16
	How many transplantations?	x0ki10a	<u>  </u>	
x0ki11a	Year of the first transplantation	x0ki11a, x0ki11b	_ _	f x0ki10a = 1 <b>x0ki16</b>

x0ki12a	Year of the second transplantation	x0ki12a, x0ki12b		_	_   	_	 or age at		if x0ki10a = 2 <b>x0ki16</b>
x0ki13a	Year of the third transplantation	x0ki13a, x0ki13b		_	_ 	_	 or age at		if x0ki10a = 3 <b>x0ki16</b>
x0ki14a	Year of the fourth transplantation	x0ki14a, x0ki14b		_	_ Year	_	 or age at		if x0ki10a = 4 <b>x0ki16</b>
x0ki15a	Year of the fifth transplantation	x0ki15a, x0ki15b		_	_ Year	_	 or age at	 that time	
x0ki16	Have you undergone another renal surgery?	x0ki16	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	end
x0ki17	Were you operated because of kidney stones?	x0ki17	_1	Yes	<u>2</u>	No	□3	I don't know	x0ki18
	In which year?	x0ki17a, x0ki17b		_	_ Year	_	 or age at	 that time	
x0ki18	Were you operated because of medical problem?	x0ki18	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	x0ki19
	In which year?	x0ki18a, x0ki18b		_	_ Year	_	 or age at	 that time	
x0ki19	Were you operated to donate a kidney?	x0ki19	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know	x0ki20
	In which year?	x0ki19a, x0ki19b		_	_ Year	_	 or age at	 that time	
x0ki20	Were you operated for angioplasty of the renal arteries?	x0ki20	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	x0ki21
	In which year?	x0ki20a, x0ki20b		_	_ 	_	 or age at	 that time	
x0ki21	Have you undergone a renal surgery for another reason?	x0ki21	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	end
	In which year?	x0ki21a, x0ki21b			_ Year	_	 or age at	 that time	

## Neurology

x0ne01	Has a doctor ever told you that you have epilepsy or febrile seizures (mostly as a child)?	x0ne01	<u></u> 1	Yes	□2 No	□3	I don't know	x0ne02
	In which year was epilepsy or febrile seizures diagnosed for the first time?	x0ne01a, x0ne01b			 Year	or age a	 t that time	
	Have you had epilepsy or febrile seizures within the last 12 months?	x0ne01c	<b>□</b> 1	Yes	<u></u> 2 No	□3	I don't know	
	Were you treated for epilepsy or febrile seizures within the last 12 months?	x0ne01d	<u></u> 1	Yes	□2 No	□3	I don't know	
x0ne02	Do you have uncontrollable tremor?	x0ne02	<u></u> 1	Yes	□2 No	□3	I don't know	x0pk01
	Was it diagnosed by a doctor?	x0ne02a	<u></u> 1	Yes	□2 No	□3	I don't know	x0ne03a
	When? (Year)	x0ne02b, x0ne02c			 Year	or age a	 t that time	
	Were you or are you still treated by a doctor for this?	x0ne02d	□1 □2		n the past urrently	□3 □4	No I don't know	
x0ne03a	Where do you tremble (arms, legs, head):	x0ne03a						
	Do you tremble at rest? (e.g. when you are sitting on the couch watching TV)	x0ne03b	<u></u> 1	Yes	<u></u> 2	. No		
	Do you tremble in movement/ certain postures? (e.g. when you hold a cup, a glass or a spoon for the soup)	x0ne03c	<b>□</b> 1	Yes	<u></u> 2	. No		
x0pk01 <sup>1</sup>	Do you or did you have trouble arising from a chair?	x0pk01	_1	Yes	□2 No	□3	I don't know	
x0pk02 <sup>1</sup>	Is your handwriting smaller than it once was?	x0pk02	1	Yes	□2 No	□3	I don't know	
x0pk03 <sup>1</sup>	Has anyone told you that your voice is softer than in once was?	x0pk03	<u></u> 1	Yes	□2 No	□3	I don't know	
x0pk04 <sup>1</sup>	Is or was your balance poor?	x0pk04	_1	Yes	□2 No	□3	I don't know	
x0pk05 <sup>1</sup>	Do your feet even seem to get stuck to the floor?	x0pk05	1	Yes	□2 No	□3	I don't know	

x0pk06 <sup>1</sup>	Has anyone told you that your face seems less expressive than it once was?	x0pk06	□1	Yes	<u></u> 2	No	□3	I don't know	
x0pk07 <sup>1</sup>	Do your arms or legs shake?	x0pk07	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	
x0pk08 <sup>1</sup>	Do you have trouble fastening buttons?	x0pk08	_1	Yes	<u>2</u>	No	□3	I don't know	
x0pk09 <sup>1</sup>	Do you shuffle or take small steps when you walk?	x0pk09	<u></u> 1	Yes	<u>2</u>	No	□3	I don't know	
x0pk10 <sup>1</sup>	Has anyone ever told you that you have Parkinson's disease?	x0pk10	_1	Yes	<u>2</u>	No	□3	I don't know	
x0pk11 <sup>1</sup>	Have you ever taken drugs such as Sinemet or Madopar?	x0pk11	_1	Yes	<u>2</u>	No	□3	I don't know	
		parkinson	posit	ive to Pa	arkinson			_	if score < 3 & ne02j != 1 & ne02k != 1 <b>x0ne04</b>
x0rb01 <sup>2</sup>	I sometimes have very vivid dreams.	x0rb01	<b>□</b> 1	Yes		<u>2</u>	No		
x0rb02 <sup>2</sup>	My dreams frequently have an aggressive or action-packed content.	x0rb02	_1	Yes		<u></u> 2	No		
x0rb03 <sup>2</sup>	The dream contents mostly match my nocturnal behaviour.	x0rb03	_1	Yes		<u></u> 2	No		
x0rb04 <sup>2</sup>	I know that my arms or legs move when I sleep.	x0rb04	<b>□</b> 1	Yes		<b>□</b> 2	No		x0rb06
x0rb05 <sup>2</sup>	It thereby happened that I (almost) hurt my bed partner or myself.	x0rb05	<u></u> 1	Yes		<u>2</u>	No		
x0rb06 <sup>2</sup>	I have or had the following phenomena during my dreams:						Yes	No	
		x0rb06		king, sh	outing, sv dly	wearing	, □1	<u>2</u>	
		x0rb07	sudd	en limb	moveme	nts, "fig	hts" □1	<u>2</u>	
		x0rb08	durin	g sleep,	•	wave, to		tre useless to frighten	
		x0rb09		s that fe		round t	he bed, □1	e.g., bedside ☐2	
x0rb10 <sup>2</sup>	It happens that my movements awake me.	x0rb10	<u></u> 1	Yes		<u>2</u>	No		

x0rb11 <sup>2</sup>	After awakening I mostly remember the content of my dreams well.	x0rb11	1	Yes	<u></u> 2	No		
x0rb12 <sup>2</sup>	My sleep is frequently disturbed.	x0rb12	<u></u> 1	Yes	<u>2</u>	No		
x0rb13²	I have/had a disease of the nervous system (e.g., stroke, head trauma, parkinsonism, RLS, narcolepsy, depression, epilepsy, inflammatory disease of the brain)?	x0rb13	_1	Yes	<u></u> 2	No		
x0ne04	Has a doctor ever told you that you have Huntington's disease?	x0ne04	_1	Yes	□2 No	□3	I don't know	x0ne05
	In which year was Huntington's disease diagnosed for the first time?	x0ne04a, x0ne04b		_  Ye	 ear	 or age at	 that time	
	Were you treated for Huntington's disease within the last 12 months?	x0ne04c	_1	Yes [	□2 No	<u></u> 3 I	don't know	
x0ne05	Has a doctor ever told you that you have a myoclonus, a tic, or dystonia?	x0ne05	<u></u> 1	Yes	□2 No	□3	I don't know	x0ne06
	In which year was a myoclonus, a tic, or dystonia diagnosed for the first time?	x0ne05a, x0ne05b		_  Ye	 ear	 or age at	 that time	
	Have you had a myoclonus, a tic, or dystonia within the last 12 months?	x0ne05c	<u></u> 1	Yes [	□2 No	<u></u> 3 I	don't know	
	Were you treated for a myoclonus, a tic, or dystonia within the last 12 months?	x0ne05d	<u></u> 1	Yes [	2 No	<u></u> 3 I	don't know	
	Which type of movement occurs?		<u></u> 1	Myoclonus muscles	s: sudden mı	uscle jerks	of big	
		x0ne05e	<u>□</u> 2	Tics: repe	titive twitchin s	ig moveme	ents or	
		хоновов	□3	Dystonia: torticollis		uscle cont	ractions, e.g.	
			<u>4</u>	I don't kno	DW .			
x0ne06	Did you notice forgetfulness (also orientation problems)? e.g. loose the way on known routes	x0ne06	1	Yes	□2 No	□3	I don't know	x0ne07
	Was it diagnosed by a doctor?	x0ne06a	<b>□</b> 1	Yes	□2 No	□3	I don't know	x0ne07

	•			
	Since when? (Year)	x0ne06b, x0ne06c	Year or age at that time	
	Were you or are you still treated by a doctor for this?	x0ne06d	☐1 Yes, in the past ☐3 No ☐2 Yes, currently ☐4 I don't know	
x0ne07	Has a doctor ever told you that you have multiple sclerosis?	x0ne07	□1 Yes □2 No □3 I don't know	x0ne08
	In which year was multiple sclerosis diagnosed for the first time?	x0ne07a, x0ne07b	_ _        Year or age at that time	
	Have you had multiple sclerosis within the last 12 months?	x0ne07c	□1 Yes □2 No □3 I don't know	
	Were you treated multiple sclerosis within the last 12 months?	x0ne07d	□1 Yes □2 No □3 I don't know	
x0ne08	Do you suffer from paraesthesias or (burning) pain in the hand?	x0ne08	□1 Yes □2 No □3 I don't know	x0ne20
	Since when? (Year)	x0ne08a, x0ne08b	Year or age at that time	
x0ne20	Have you any other symptoms or neurologic diseases?	x0ne20	□1 Yes □2 No □3 I don't know	x0ne11
	Was it diagnosed by a doctor?	x0ne20a	□1 Yes □2 No □3 I don't know	x0ne11
	Since when? (Year)	x0ne20b, x0ne20c	_ _       Year or age at that time	
	Were you or are you still treated by a doctor for this?	x0ne20d	<ul><li>☐1 Yes, in the past</li><li>☐3 No</li><li>☐2 Yes, currently</li><li>☐4 I don't know</li></ul>	
x0ne11	Do you suffer from sleep disorders?	x0ne11	□1 Yes □2 No □3 I don't know	x0ne12
	Since when? (Year)	x0ne11a, x0ne11b	_	
	How many days per week do you take sleeping pills?	x0ne11c	<u>  </u>	I

	Describe the sleep disorder:		□1	Trouble fa	ılling a	sleep			
		x0ne11d	<u>2</u>	Trouble re	emainir	ng asl	еер		
		Xone i iu	□3	Additional palpitation		bance	es (e.g. twit	ches, itching,	
x0ne12	Do you suffer from circulatory disorder at the level of the vessels of the head and the neck vessels?	x0ne12	1	Yes	<u>2</u>	No	□3	I don't know	x0st20
	Was it diagnosed by a doctor?	x0ne12a	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	x0st20
	When? (Year)	x0ne12b, x0ne12c		_  Ye	_ ear	_	<u> </u> or age at	 that time	
	Were you or are you still treated by a doctor for this?	x0ne12d	□1 □2	Yes, in the	-		_	No I don't know	
x0st20	Have you ever been told that you had a transient ischemic attack (TIA) or a stroke?	x0st20	1	Yes	<u>2</u>	No	□3	I don't know	x0ne13
	When? (Year)	x0st20a, x0st20b		_  Ye	_ ear	_	 or age at	 that time	
	Describe the situation as accurately as possible:	x0st20c							
x0ne13	Did you have once (repeatedly) vertigo?	x0ne13	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	end
	Was it diagnosed by a doctor?	x0ne13a	<b>□</b> 1	Yes	<u>2</u>	No	□3	I don't know	x0ne14a
	When? (Year)	x0ne13b, x0ne13c		_  Ye	_ ear	_	<u> </u> or age at	 that time	
	Were you or are you still treated by a doctor for this?	x0ne13d	□1 □2	Yes, in the	-			No I don't know	

x0ne14a	What was the vertigo like?		Yes	No	
	INT: Multiple choice possible	x0ne14a	Rotatory vertigo, "like on a carousel"	<u></u> 2	
		x0ne14b	Staggering vertigo "like on a ship"	<u>2</u>	
		x0ne14c	Dizziness 🔲 1	<u>2</u>	
		x0ne14d	Orthostatic Vertigo (black out) 1	<u></u> 2	

<sup>&</sup>lt;sup>1</sup> Pramstaller PP. et al. Validation of a mail questionnaire for parkinsonism in two languages (German and Italian). J Neurol. 1999 Feb;246(2):79-86.

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<sup>&</sup>lt;sup>2</sup> Stiasny-Kolster K. et al. The REM sleep behavior disorder screening questionnaire--a new diagnostic instrument. Mov Disord. 2007 Dec;22(16):2386-93.

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# Migraine

x0mg01	Have you had migraine (attack- like headaches) within the last 12 months?	x0mg01	□1 Yes □2 No □3 I don't know end
x0mg02	Have you had headache even within the last 6 months?	x0mg02	□1 Yes □2 No □3 I don't know
x0mg03	How often have you had headache?	x0mg03	<ul> <li>☐ 1 Very rarely (less than once per month)</li> <li>☐ 2 Rarely (1-3 times per month)</li> <li>☐ 3 Sometimes (less than once per week)</li> <li>☐ 4 Frequently (1-5 times per week)</li> <li>☐ 5 Always (more than 5 times per week)</li> </ul>
x0mg04	How long does your headache last if you do not take drugs or if the treatment has no effect?	x0mg04	☐1 Up to 30 minutes ☐2 More than 30 minutes up to 4 hours ☐3 More than 4 hours up to 3 days ☐4 More than 3 up to 7 days ☐5 More than 7 days ☐6 Don't Know
x0mg05	Please indicate whether the following headache characteristics apply to you or do not.  Do you have a headache	x0mg05 x0mg06 x0mg07 x0mg08	Yes No  which is limited to one side of the head? ☐1 ☐2  that occurs on both sides of the head? ☐1 ☐2  with pulsating or throbbing quality? ☐1 ☐2  with a dull, oppressive quality? ☐1 ☐2
x0mg09	Please indicate whether the following headache characteristics apply to you or do not.  Do you have a headache	x0mg09 x0mg10 x0mg11 x0mg12	Yes No  that occurs suddenly at a single point of the head and lasts only few seconds?

x0mg13	Please indicate whether the following headache characteristics apply to you or do not.  Do you have a headache	x0mg13 x0mg14 x0mg15 x0mg16 x0mg17	Yes No  accompanied by vomiting?	
x0mg18	Please indicate whether the following headache characteristics apply to you or do not.  Do you have a headache	x0mg18 x0mg19 x0mg20	Yes No  accompanied by red or watery eyes or runny nose on the side of the head affected by the headache?  1	
x0mg21	How many years have you been suffering from headaches?	x0mg21	_	
x0mg22	How would you rate the intensity of your headaches on average?	x0mg22	☐1 ☐2 ☐3 ☐4 ☐5 ☐6 ☐7 ☐8 ☐9 ☐10 1 = very weak pain 10 = very severe pain	

#### Other diseases

x0ot01	Have you ever had an accident with injuries? e.g. accident at work, road accident	x0ot01	□1 Yes □2 No □3 I don't know	x0ot11
x0ot01a	Description of the injury:	x0ot01a		
	When? (Year)	x0ot01b, x0ot01c	Year or age at that time	
	Have you had another accident with injuries?	x0ot02	□1 Yes □2 No	x0ot11
x0ot02a	Description of the injury:	x0ot02a		
	When? (Year)	x0ot02b, x0ot02c	 Year or age at that time	
	Have you had another accident with injuries?	x0ot03	□1 Yes □2 No	x0ot11
x0ot03a	Description of the injury:	x0ot03a		
	When? (Year)	x0ot03b, x0ot03c	 Year or age at that time	
	Have you had another accident with injuries?	x0ot04	□1 Yes □2 No	x0ot11
x0ot04	Description of the injury:	x0ot04a		
	When? (Year)	x0ot04b, x0ot04c	 Year or age at that time	
x0ot11	Have you any other disease we did not mention yet?	x0ot11	□1 Yes □2 No □3 I don't know	end
x0ot11a	Describe the disease as precisely as possible:	x0ot11a		
	Since when? (Year)	x0ot11b, x0ot11c	 Year or age at that time	
	Have you any other disease we did not mention yet?	x0ot12	□1 Yes □2 No	end
x0ot12a	Describe the disease as precisely as possible:	x0ot12a		

	Since when? (Year)	x0ot12b, x0ot12c	 Year or age at that time	
	Have you any other disease we did not mention yet?	x0ot13	□1 Yes □2 No	end
x0ot13a	Describe the disease as precisely as possible:	x0ot13a		
	Since when? (Year)	x0ot13b, x0ot13c	 Year or age at that time	
	Have you any other disease we did not mention yet?	x0ot14	□1 Yes □2 No	end
x0ot14a	Describe the disease as precisely as possible:	x0ot14a		
	Since when? (Year)	x0ot14b, x0ot14c	 Year or age at that time	

#### Women

	The next questions are directed and women's health e.g. on preg		women. These are questions on reproductive history	if male <b>end</b>
x0wo01a	How old were you at your first menstruation (menarche)?	x0wo01a, x0wo01b	Year or age at that time  □1 I have not had my period so far	
		x0wo01c	☐2 I don't know	
x0wo02	Have you ever taken contraceptive pills?	x0wo02	□1 Yes □2 No	x0wo05
x0wo03	Do you currently take contraceptive pills?	x0wo03	<ul> <li>☐ 1 Yes, birth control pills</li> <li>☐ 2 Yes, hormonal implant</li> <li>☐ 3 Yes, vaginal ring with hormonal content</li> <li>☐ 4 Yes, 3-month contraceptive injection</li> <li>☐ 5 Yes, hormonal contraceptive coil</li> <li>☐ 6 No</li> </ul>	
x0wo04a	How many months or years have you taken contraceptive pills?	x0wo04a x0wo04b	Number of months    or number of years	
x0wo05	Are you pregnant at the moment?	x0wo05	☐1 Yes ☐2 No ☐3 I don't know, possibly	x0wo06
	In which week of pregnancy are you at the moment?	x0wo05a		
x0wo06	Do you still have regular menstrual bleedings?	x0wo06	□2 No □1 Yes	end
	When did you have your last menstruation? (Age)	x0wo07	Age	
x0wo08	What was the reason for the menstruation cease?		☐1 Menopause	
		x0wo08	☐2 Operation ☐3 Other reason	end
	Please specify	x0wo08a		

#### **Exposure**

	The next questions are about exposure to environmental risk factors.						
x0ex01	Is the habitation in which you live one of the following facilities?	d for the long	gest pe	eriod, in clos	e prox	imity (less than 1km) from	
	What is the approximate distance	e? (in meters	)				
	What is the approximate distance	): (III III CC 13	No	Yes	Dista	ince (in meters)	
	Highway	x0ex01, x0ex01a	<u>□</u> 2	□1ぱ>			
	Farm	x0ex02, x0ex02a	<u>2</u>	□1 🖒			
	Plant nursery	x0ex03, x0ex03a	<u>□</u> 2	□1 🖒			
	Service station	x0ex04, x0ex04a	<u>□</u> 2	□1 🖒	<u> </u>	_ _	
	High-voltage power line	x0ex05, x0ex05a	<u>□</u> 2	□1 🖒	<u> </u>		
	Dry cleaning	x0ex06, x0ex06a	<u>□</u> 2	□1 🖒	<u> </u>		
	Offset printer	x0ex07, x0ex07a	<u>□</u> 2	□1 🖒		_ _	
	Lacquerer workshop	x0ex08, x0ex08a	<u>□</u> 2	□1 🖒	<u> </u>		
	Shoemaker workshop	x0ex09, x0ex09a	<u>□</u> 2	□1 🖒			
x0ex10	Do you do gardening (also allotment garden)?	x0ex10	<b>□</b> 1	Yes		□2 No	x0ex12
x0ex11	Do you use pesticides? (insecticides, herbicides, fungicides)	x0ex11	1	Yes		□2 No	x0ex12
x0ex11a	How often do you use these substances?		<b>□</b> 1	Once a we	ek and	i more	
		x0ex11a	<u>2</u>	1-3 times p	er moi	nth	
			□3	Less freque	ently		
x0ex12	Do you use or did you use insecticides in your habitation? (e.g. repellent, electric diffuser with plates)	x0ex12	_1	Yes		□2 No	x0ex13
	1		1				

x0ex20 Are you exposed to heavy noise at your workplace?  \[ \times \] \ \ x0ex20 \[ \proop \] 1 Yes \[ \proop \] \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	x0ex13 E v h	x0ex21
expose you FREQUENTLY to the following substances?  x0ex21  Detergent, disinfectant  x0ex22  Engine exhaust  1  2  x0ex23  Wood dust  1  2  x0ex24  Grain dust  1  2  x0ex25  Glass wool/mineral wool  1  2  x0ex26  Asbestos	e	
x0ex27 Does your work or your hobbies expose you FREQUENTLY to the following substances?  x0ex27 Metals (nickel, chromium, iron, steel)  x0ex28 Heavy metals (lead, cadmium, mercury) or arsenic	e tl	

## Algometer

With this test we will assess your sensibility to pressure pain. In a moment, I will press this pressure measuring instrument on the tip of your finger. This will cause initially a feeling of pressure; eventually, the pressure will be painful. Please, say immediately "Stop" when you feel no longer only pressure but, in addition, pain. Do not wait until the pain becomes unbearable but rather say "Stop" just in the moment when you start feeling pain. Now, I will show it to you on the middle finger. Then, we will carry out the actual measurement on the index finder.						
Insert the value in kg	x0am01					
The measurement was carried out on the following index finger:	x0am02	_1	left	<u></u> 2	right	

## **Family**

	The next questions are about your pa	rents and grandparents.	
	When were you born?	.  .  .	
fh01	What is the name and surname of your mother?		
	Where does she come from? (place)		
	When is she born? (date) Or: year of birth (if the exact date is unknown)	·      ·      YYYY  Year	
fh02	What is the name and surname of your mother's mother? (maternal grandmother)		
	Where does she come from? (place)		
	When is she born? (date) Or: year of birth (if the exact date is unknown)	.    .    _    D D M M YYYY Year   _	
fh03	What is the name and surname of your mother's father? (maternal grandfather)		
	Where does he come from? (place)		
	When is he born? (date) Or: year of birth (if the exact date is unknown)	.      .      _	
fh04	What is the name and surname of your father?		
	Where does he come from? (place)		
	When is he born? (date) Or: year of birth (if the exact date is unknown)	.      .      YYYY  Year    _  _	
fh05	What is the name and surname of your father's mother? (paternal grandmother)		

	Where does she come from? (place)		
	When is she born? (date) Or: year of birth (if the exact date is unknown)	.      .      Year	
fh06	What is the name and surname of your father's father? (paternal grandfather)		
	Where does he come from? (place)		
	When is he born? (date) Or: year of birth (if the exact date is unknown)	·      ·      YYYY  Year	